

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Bennie Janse Van  
Rensburg**

Has successfully participated & completed the

**Cross Duathlon - Sprint Cowhouse Cross Duathlon #1**

held at Hazeldean Valley Trails.

**TIME 01:34:01**

**PACE 12.76km/h**

**GENDER 7 of 17**

**OVERALL 13 of 27**

**35 - 39 1 of 4**

04 June 2023, Sun

Date



*BoutTime*

Signature

